



Happ's, Inc.
It's All Happening in Ethel, WA

Happenings

Our Mission: Preserve and share our family's agricultural heritage while providing a safe place for individuals and families to learn, compete and enjoy outdoor recreation.



September 2011

FROM MAUREEN

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I skipped the August newsletter with all that is going on right now.....just too busy and hectic to do that one more thing. Trying to get caught up and let everybody know what is going on around here—at least as much as I know at this time.

A couple new additions to the Happ's website:

1. On the Directions page is a link for Holiday Inn. Book a reservation through the site and Happ's benefits—whether it be for the local Holiday Inn for when you are here for an event or for your other travels.

2. On the Home page is a link for "Affiliates". These are all companies that pay a commission to Happ's if you order through our website. Included in these you will find RoadID. Happ's will accept Road ID bracelets in place of the Medical Armbands for those of you who prefer to use them whether your reason be physical comfort or not "hurting your Presentation look". And, again, if you place your order through the Happ's site, Happ's benefits from your purchase.

Gerard Paagman was here with his **Ideal Harness "retail store on wheels"** for the CDE August 4-7 and people were able to custom fit harness as well as shop where they could see, touch, aroma, etc. instead of just looking at pictures in a catalog or on a website. Gerard will have the truck here again on October 15 for the ADS Annual Membership Meeting. (Those of you with Gift Certificates may want to plan on doing some shopping.) The link on the Happ's website is active, so you can look at the Ideal Harness brochure and price list. I am still hoping to get pictures on the site so you can get a look at the products.



The **Happ's CDE** went very well—weather cooperated with DRY and warm.....a tad bit cooler for marathon day which was great. This year's officials were the best team I have worked with in all the carriage events I have done (about 30 ADS approved events plus the "unofficial/schooling" events). The results are all up on the website if you want to see scores and who earned the various awards.

The **Happ's Driving Trials-Twice!** is fast approaching.....the preliminary Order of Go will be on the website in a few days. Also the **Happ's VSE/Small Pony Driving Trials-Twice!** is the following weekend and Order of Go will also be up for it soon. I am looking forward to two great weekends—I still need a few volunteers if you are available or know someone who can help—"it takes a village to raise a child"it takes a swarm of volunteers to make an event.

Trail Horse Challenges have gone well this year and the August ACTHA piggy-back event also went well. It introduced some new riders to the Happ's facility. With four events done, we have only October to go before we know this year's series champion.

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FROM MAUREEN (continued)

For those of you who are carriage drivers (or “want-to-be” carriage drivers), I want to encourage everyone to attend the **ADS Annual Membership Meeting**. The NW region is hosting the meeting with the committee meetings and Board of Director Meeting being held at the Governor Hotel in Portland, OR on Friday and Sunday. All members are welcome at committee meetings and the Board of Directors meeting—they are all open with the exception of LOC where individuals are discussed. The actual membership meeting will be held here at Happ’s on Saturday, October 15. This is a rare opportunity to attend the Annual Meeting without paying plane fare, taxi, hotel and all meals for several days. Take advantage of this great opportunity—we don’t know how soon we will have the opportunity to host it in our region again. Come be an active member and a voice that is heard within your organization—you do have an impact. Our planning committee has worked to put together a group of great clinics, good meals, some driving fun (including the “Tea Cup Challenge” which will pit ADS board members against each other driving Miniatures through a Cones course), and some wonderful socializing opportunities. Meet your board members face-to-face and discuss issues with them. Take part, have fun, learn, and be heard!

Happ’s Game Shows will be starting soon too. Dates are on the calendar, but get ready to kick off the season on October 9.

JoAnn Maynard will be office secretary for the DT-T! and the VSE/Small Pony DT-T! After doing the CDE, she feels like she has an understanding of the job now—that was baptism by fire! She is the most fabulous insurance agent I know. She does not push or sell—just offers information and lets you make a decision based on facts. She has done such a good job for Happ’s and several other people have told me they have gone to her and she has written them a better policy than they had at a lower premium. Get in touch with her if you have questions about your current insurance policies of all types, even if you do not plan to buy from her. JoAnn has been after me to come up to the lake where she and Peter have a seasonal spot and go out on their jet skis with Peter. Well, Sunday I did just that—took a few hours off and went and played. It was a GORGEOUS day to be at the lake, and while I am not a mechanical vehicle person, I did enjoy scooting across the surface of the water watching eagles and osprey, looking at the ferns and mosses and.....well....getting pulled over by the sheriff’s department boat was not the highlight—but I sure won’t let Peter and JoAnn forget that I go with my insurance agent’s husband (how much safer could I be?) and get in trouble!!!! Ask JoAnn when you see her. Hehehe—glad I can tease her—she has done a lot for me.

My son John is staying with me for a few months and we are eating fruit from the yard and fresh veggies from the garden like crazy. Mitch and his wife Bunny tell me they are feeling like rabbits with all the produce I take over to them.

Hope you are all enjoying a wonderful summer-

Maureen

HAPPILY EVER AFTER.



You may remember Josh Auman and his girls from when he trained in the Happ’s barn.

Congratulations to Mr. & Mrs. Josh (Trisha) Auman
Picture at left taken during their wedding at Happ’s with her daughters Lexi and Dahkota and son Hunter and his two daughters Josey and Jessi



UPDATE ON "THE HAPP'S SITUATION"

In January I wrote the hardest to write newsletter ever—until now. Many of you have asked me questions about your ability to participate in events at Happ's into the future and I have not been able to give what I would call "straight forward answers". This newsletter/announcement I have been dreading and I don't know a good way to do it, please bear with me.

I cannot deny any longer the reality that Happ's will probably be shutting down around the first of the year or sometime soon after. I cannot give an exact date yet. I have been struggling to keep Happ's going, and just cannot keep up the fight much longer, plus there are things going on that I cannot control. Lawyer meetings, court dates, lack of amiable resolution, unpaid mortgages, etc. are taking a toll. Reality is slapping me in the face. I still have a twelve month calendar on the website in the slim hope that somehow this mess will be resolved and I will be allowed to go forward with Happ's. I feel, having talked to the bank, I can commit to all the scheduled September events, the ADS meeting scheduled here in October, and the October through December driving lessons and Game Shows—all I can say is watch the website and calendar for updated information—as long as the website is there and the calendar shows dates, those events will happen. At the point at which I am told I HAVE to leave the property, I will change the website to indicate that and announce the "official closing date" of Happ's. If I leave, Happ's will cease to exist as there is nobody I know of to step up and take over. The facility will be left sitting empty to the best of my knowledge. If my departure date gets pushed back, I will continue the monthly Game Shows and carriage driving lessons as scheduled as long as I can....on a month-to-month basis.

At this point, I would like to ask all of you a favor—I am asking for your help. It is hard to go against my up-bringing and the belief that every person should work and earn his/her own way, pull his own weight and take care of himself, not asking for handouts. The facts are I am facing some major changes in my life—and not ones I had planned for. Please watch the website—there is currently a "For Sale" page there with a list of the stadium jumps Happ's owns. I will be adding other things Happ's will have for sale—basically supplies/equipment for running events of various disciplines. I will also have to sell all of my horses, their tack and equipment. I will put up pictures and information as I pull it together.

I need help in finding a job—a means of supporting myself—and a place to live. My body tells me I have to admit I am not the person I was 20-30-40 years ago and with the shaky economy, the prospect of me finding a job quickly is not good. I have decided that the more people who know I am looking for a job, the more likely someone will know of a job that might be right for me. If you know of a job you think I would be good for, please contact me and let me know so that I can pursue it. I am willing to move wherever a good job will take me. I do not have the luxury of being able to say I want to live in a certain place and then find a job there. I need to find a job and move to the job.



Typing up a resume is going to be a challenge—but this is "who I am":

I am a 61 year old female in reasonably good health (my sanity may be questioned by some!). I grew up on a ranch the middle of 6 kids. My father was a veterinarian and I assisted him from the time I was old enough to tag along—preferring to be outdoors. I assisted with surgeries and treatment of various species, but mostly cattle. Growing up, we had hundreds of sheep and thousands of chickens along with saddle horses and dairy cattle. We moved from California to Centralia, WA when I was 15 and from then on we had "just" a dairy. I fed cattle of all ages, cleaned barns, milked cows, kept records, ran tractor, etc. I owned my own cattle and they paid my initial 4 years of college. We opened a processing plant and retail store and I worked in both along with guiding tours for bus loads of school students.

I raised 4 sons as a single mother, coached Little League and Youth Soccer and started a very successful 4-H Club. I have always raised my own meat (beef, pork, fowl, and sheep), cut and wrapped and made sausage and jerky, had a large vegetable garden, and I dried/canned/froze fruit and vegetables for year round use.....my sons all being "good eaters". I am a decent cook. I am also a decent seamstress.

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UPDATE ON "THE HAPP'S SITUATION" (continued)

I originally had a Bachelor's degree in Home Economics and General Science, then added a degree in Special Education, a Master's Degree, an Administrative degree.....and miscellaneous other classes, and am certified in Reality Therapy. That all sounds impressive, but just means I spent a lot of time and money on my education and have some pieces of paper sitting in my file cabinet. I taught stitchery classes and worked as a substitute teacher for 6+ years so my schedule was flexible when the boys were young. Then, for 3 years, I was lead teacher/administrator of a private school at a residential facility for 75 boys the state had removed from their parents' homes. After that I worked 5 years in Special Education where I worked primarily with high school students classified as Behaviorally Disabled or Learning Disabled. I followed that with 10 years at an Alternative High School.

I quit teaching in 2005 as running Happ's was taking more and more time and I just could not handle both jobs and the ranch. I have been CEO and Event Organizer for Happ's since 1998. 2000 was the first "approved" equine event and it built from there. I have organized as many as 50 Happ's events in any one year, sometimes having 2 and even 3 events the same weekend, and have done some clinics and presentations (primarily for the American Driving Society) off the property. I spend a lot of time on the computer but do not consider myself very computer literate. I work primarily in Word and Excel and have done a little with Publisher and Power Point. I am organized and have developed a system that works for me.....people often contact me for information. I feel I get along with people well and am able to adapt to various styles.....but I like to get things done. I want to see results.

This has gotten longer than I thought it would.....even though I have never kissed the Blarney Stone, I must have inherited some of the Irish gift for gab.

Happ's and the last 12 years with all of you has been "quite a ride". My best wishes for all of you—may your futures be bright-

Maureen

JUST SOME OF HAPP'S VOLUNTEERS

Shown here working at the Happ's Trial Horse challenge September 3rd.



A few of the valued volunteers so essential to a successful event

MAURIANN; IDEAL HARNESS DEALER



Ideal Harness designs and produces harnesses and accessories for driving. Our product line ranges from the most beautiful patent leather presentation harness to the latest innovations - the maintenance free synthetic EuroTech harness. You may choose from a wide range of accessories including quick release safety buckles for your traces or an anti-fly driving rug you can use in the summer or

Our new 53' long 'Store on Wheels' will be at ADS Meeting August 14-16. No need to wait if you know what you want Catalog and price list on line at: <http://happs-inc.com/IdealHarness/mauriann.htm>

WHAT IS COLD THERAPY?

By: Dr. Christi Garfinkel Equine Veterinary Services

Unfortunately, leg injuries happen to the best of horses, often at the most inopportune times. Hard working field horses can turn a leg in the field. Show horses can stumble under the excitement of the competition lights. Pleasure horses can trip on the riding trail. Either way, the use of cold therapy may help any horse owner ensure their horse is quickly on the road to recovery.

What is cold therapy?

The use of ice on an injured or inflamed leg is known as cold therapy. Proper use can help improve a range of muscle, joint, and soft tissue injuries. The cold temperature of ice helps to decrease blood flow to the injured area. In turn, reduced blood flow helps minimize swelling and inflammation, dissipate heat, and alleviate pain. At the same time, cold therapy slows metabolism of the tissue surrounding the injury, which helps minimize further damage and, as a result, speed healing.

Cold therapy is most effective during the first 48 hours of an injury or inflammation. But the use of ice after a hard workout may also help a horse with chronic conditions, such as weak tendons and ligaments from a past injury. Care needs to be taken, however, whenever cold therapy is used on an injured limb. Bandages wrapped too tightly can compromise circulation. Similarly, ice applied for too long a duration can damage your horse's skin and underlying tissue. The general rule is to ice for 5 minutes and rest for 15 minutes. Repeat this until heat and swelling are reduced. The entire process should be repeated three to four times a day unless otherwise directed by your veterinarian.

If your horse has a leg injury, contact your veterinarian if:

- The lameness is severe
- Your horse is reluctant to move
- There is an open wound
- The injured area is warm to the touch
- Your horse has a fever
- Your horse has lost his appetite
- There is excessive swelling
- Your horse seems to be in moderate to severe pain

How to use cold therapy

There are a range of ice packs and flexible bandages available to make cold therapy easy. The best products to choose will depend, in part, on where your horse's leg injury is located. A more rigid ice pack with standard leg wraps or bandages will better suit some locations of your horse's leg. Other areas, such as along the fetlock or cannon, will be better treated with the use of flexible Ice Cells and traditional wraps or bandages. To target even more specific regions of your horse's lower leg, combine flexible cotton bandages with cooling menthol-based solutions.

Cold therapy tips

Some horses are very responsive to cold temperatures. Even if your horse is not, his attitude could change when you are trying to apply an ice pack to an inflamed leg. To help minimize the cold temperatures:

Use a damp cloth as a buffer between the ice pack and your horse's skin

Do not place ice packs directly onto open wounds. First use several layers of cotton gauze

If possible use Vetrap, CoFlex, or PowerFlex bandages on the area between cold therapy treatments to help reduce swelling



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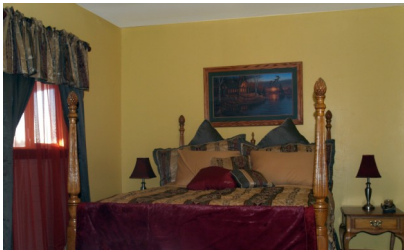


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NEWSLETTER ADVERTISING



Cozy Classe Cottage Reserve your dates at \$75 for 1 - 2 people per night; \$25 for each additional person up to 6.

This cabin is a 2 bedroom home with washer and dryer, two queen and 2 twin beds. Shower and kitchen with all you need including continental breakfast "makin's".

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Answers to Pop Quiz:

1. What country has the highest horse population? A: The United States, with more than 9 million horses.
2. How many horse years equal one human year?
A: We've likely all heard a different version of this one--and it's easy to confuse with the comparisons to dogs and cats. Here are two of the most accurate horse/human age calculators:
 - a. For a rough conversion of a horse's age to human years, multiply the horse's age by 2.2. Example: "Dobbin" is 15 years old. $15 \times 2.2 = 33$ years old (in people terms).
 - b. Another age calculation sometimes used is counting the horse's first year equal to 10 human years, and every year after that as 2 human years. Example: 15-year-old "Dobbin" = $(1 \times 10) + (14 \times 2) = 10 + 28 = 38$ (in people terms)
3. What does a horse with "a lot of chrome" mean? A: "Dude, that horse is chromed out!"...i.e. a horse with a lot of white on its legs.
4. What natural bodily function of most mammals do horses not have?
A: Horses cannot vomit, because a muscular valve that leads to the stomach prevents food from going back into the esophagus, making it virtually impossible for them to vomit. This is a large part of why colic can be deadly to horses that overeat or ingest bad feed.
5. True or False: Horses can get the hiccups.
A: TRUE. Horses can get the hiccups, also known as "thumps." Whereas human hiccups are audible through the throat, hiccups in horses begin near the diaphragm and create an audible thump sound in the chest area, sometimes accompanied by a rhythmic jerk in the flank area.
6. What is the approximate gestation period for a mare carrying a healthy foal? A: The gestation (pregnancy) period of a mare is normally 11 months, approximately 340 days.
7. What color or breed of horse might have a striped hoof? A: Gray, spotted, or patterned colored horses, such as an Appaloosa or Pony of the Americas, often have alternating dark and white striped hooves

How many questions did you get correct? Whether one or seven, we hope you banked some useful horse knowledge from these answers